Montana Disability & Health Update

December 2011, Issue 4

Healthy People 2010 Results for Adult Montanans with and without Disabilities

Approximately 20% of U.S. adults have a disability. This report provides updates on Healthy People 2010 objectives for Montana adults with and without disabilities using 2005 to 2010 BRFSS data. Demographics and Health Status updates on Montana adults with and without disabilities are provided in Issues 2 and 3 of this series, respectively. For more information on the health of Montana adults, go to http://brfss.mt.gov/html/assessing\_risks.shtml

For more than 25 years, the Montana Behavioral Risk Factor Surveillance System (BRFSS) has gathered information via telephone survey from adults about a wide range of behaviors affecting their health. Beginning in 2001, two disability survey items were included as a core module in the BRFSS survey, allowing reports on health indicators for adults with disabilities (e.g., Cummings, Oreskovich &Traci, 2005).

Overall, Montanans with disabilities compare positively to those without disability in attaining the following four Healthy People 2010 objectives:

1) usual primary health care provider (87%, 69%) [BRFSS 2010: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

2) regular blood cholesterol screening (79%, 70%) [BRFSS 2009: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

3) immunizations against influenza (71%,62%) & pneumococcal disease (80%, 66%) [BRFSS 2010: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

4) lower overall prevalence of binge drinking (11%, 19%) [BRFSS 2010: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

Conversely, Montana adults with disability reported significant health gaps and disparities in the attainment of 10 other Healthy People 2010 objectives, which include the following:

1) chronic joint symptoms and arthritis (75%, 21%) [BRFSS 2009: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

2) clinically diagnosed diabetes (132 per 1000, 48 per 1000) [BRFSS 2010: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

3) high blood pressure (46%, 23%) [BRFSS 2009: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

4) high blood cholesterol (47%, 33%) [BRFSS 2009: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

5) clinically diagnosed cardiovascular disease (19%, 4%) [BRFSS 2010: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

6) asthma (15%, 7%) [BRFSS 2010: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

7) cigarette smoking (26%, 17%) [BRFSS 2010: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

8) no leisure-time physical activity (32%, 18%) [BRFSS 2010: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

9) moderate physical activity levels below recommendations (39%, 50%) [BRFSS 2009: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

10) not seeing a doctor when needed because of cost (22%, 10%) [BRFSS 2010: Percentages for adult Montanans with disability, and adult Montanans without disability, respectively.]

Healthy People 2020 [U.S. Department of Health & Human Services, http://healthypeople.gov/2020/], the National Stakeholder Strategy for Achieving Health Equity [U.S. Department of Health & Human Service, http://minorityhealth.hhs.gov/npa/templates/content.aspx?lvl=1&lvlid=33&ID=286], and the Surgeon General’s Report on Improving the Health of Persons with Disabilities [U.S. Department of Health & Human Services, http://www.surgeongeneral.gov/library/disabilities/calltoaction/calltoaction.pdf], outlines key strategies for addressing these and other health disparities. Public health partners that use, or could organize to use, these strategies in Montana are listed at the end of this report.

Summary of BRFSS [Montana Behavioral Risk Factor Surveillance System, www.brfss.mt.gov, www.cdc.gov/brfss] data for Montana adults.

Year 2010 Health Objectives for the Nation: Summary of 2003 Behavioral Risk Factor Surveillance System Data for Montana Adults with and without Disability.

Note: Healthy People 2010: National Health Promotion and Disease Prevention

Objectives – Full Report with Commentary was published by the Public Health Service, U.S. Department of Health and Human Services, Washington, D.C., in 2000.

Description of Table:

Healthy People 2010 goals & Year 2010 Targets

Goal: Increase the quality and years of healthy life and eliminate health disparities

1. Access to Quality Health Services

Goal: Improve access to comprehensive, high-quality health care services.

HP Objective 1-1. Increase to 100% the proportion of persons with health insurance.

2005 All Adults (79%); With Disability (76%); Without Disability (79%)

2006 All Adults (83%); With Disability (84%); Without Disability (83%)

2007 All Adults (83%); With Disability (81%); Without Disability (84%)

2008 All Adults (83%); With Disability (84%); Without Disability (82%)

2009 All Adults (79%); With Disability (78%); Without Disability (79%)

2010 All Adults (82%); With Disability (83%); Without Disability (81%)

HP Objective 1-5. Increase to 85% the proportion of persons with a usual primary care provider.

2005 All Adults (74%); With Disability (81%\*); Without Disability (72%)

2006 All Adults (74%); With Disability (83%\*); Without Disability (71%)

2007 All Adults (71%); With Disability (81%\*); Without Disability (68%)

2008 All Adults (72%); With Disability (83%\*); Without Disability (68%)

2009 All Adults (75%); With Disability (84%\*); Without Disability (72%)

2010 All Adults (74%); With Disability (87%\*); Without Disability (69%)

HP Objective 1-6. Decrease to 7% the number of adults who are unable to obtain or delay in obtaining necessary medical care (because of cost)

2005 All Adults (14%); With Disability (25%\*); Without Disability (11%)

2006 All Adults (12%); With Disability (21%\*); Without Disability (10%)

2007 All Adults (12%); With Disability (23%\*); Without Disability (9%)

2008 All Adults (12%); With Disability (21%\*); Without Disability (10%)

2009 All Adults (14%); With Disability (22%\*); Without Disability (11%)

2010 All Adults (13%); With Disability (22%\*); Without Disability (10%)

\* Denotes significant differences between proportions of adult Montanans who have disabilities and proportions of adult Montanans who do not have disabilities.

2. Arthritis, Osteoporosis, and Chronic Back Conditions

[Beginning in 2009, the question “Are you limited in any way in any of your usual activities because of arthritis or joint symptoms?” was asked only of respondents who responded “yes” to the question “Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?” Prior to 2009, the question “Are you limited in any way in any of your usual activities because of arthritis or joint symptoms?” was asked of all respondents.]

Goal: Prevent illness and disability related to arthritis and other rheumatic conditions, osteoporosis, and chronic back conditions.

HP Objective 2-2. Reduce to 21% the proportion of adults with chronic joint symptoms who experience a limitation in activity due to arthritis.

2005 All Adults (31%); With Disability (64%\*); Without Disability (12%)

2006 All Adults (NA); With Disability (NA); Without Disability (NA)

2007 All Adults (30%); With Disability (63%\*); Without Disability (10%)

2008 All Adults (NA); With Disability (NA); Without Disability (NA)

2009 All Adults (46%); With Disability (75%\*); Without Disability (21%)

2010 All Adults (NA); With Disability (NA); Without Disability (NA)

\* Denotes significant differences between proportions of adult Montanans who have disabilities and proportions of adult Montanans who do not have disabilities.

3. Cancer

Goal: Reduce the number of new cancer cases as well as the illness, disability, and death caused by cancer

HP Objective 3-11a. Increase to 97% the number 18 and older who ever received a Pap test

2005 All Adults (NA); With Disability (NA); Without Disability (NA)

2006 All Adults (94%); With Disability (95%); Without Disability (94%)

2007 All Adults (NA); With Disability (NA); Without Disability (NA)

2008 All Adults (95%); With Disability (97%); Without Disability (95%)

2009 All Adults (NA); With Disability (NA); Without Disability (NA)

2010 All Adults (95%); With Disability (95%); Without Disability (95%)

HP Objective 3-11b. Increase to 90% the number of woman 18 and older who ever received a Pap test in the past 3 years

2005 All Adults (NA); With Disability (NA); Without Disability (NA)

2006 All Adults (82%); With Disability (79%); Without Disability (83%)

2007 All Adults (NA); With Disability (NA); Without Disability (NA)

2008 All Adults (82%); With Disability (80%); Without Disability (82%)

2009 All Adults (NA); With Disability (NA); Without Disability (NA)

2010 All Adults (78%); With Disability (72%); Without Disability (80%)

HP Objective 3-12a. Increase to 50% the number of people 50 and older who have undergone a FOBT in the past two years

2005 All Adults (NA); With Disability (NA); Without Disability (NA)

2006 All Adults (28%); With Disability (28%); Without Disability (28%)

2007 All Adults (NA); With Disability (NA); Without Disability (NA)

2008 All Adults (21%); With Disability (23%); Without Disability (20%)

2009 All Adults (NA); With Disability (NA); Without Disability (NA)

2010 All Adults (15%); With Disability (17%\*); Without Disability (13%)

HP Objective 3-12b. Increase to 50% the number of people 50 and older who have ever undergone a sigmoidoscopy

2005 All Adults (NA); With Disability (NA); Without Disability (NA)

2006 All Adults (53%); With Disability (58%\*); Without Disability (51%)

2007 All Adults (56%); With Disability (62%\*); Without Disability (53%)

2008 All Adults (57%); With Disability (62%\*); Without Disability (54%)

2009 All Adults (NA); With Disability (NA); Without Disability (NA)

2010 All Adults (61%); With Disability (66%\*); Without Disability (58%)

HP Objective 3-13. Increase to 70% the number of women 40 and older who have received a mammogram in the past 2 years

2005 All Adults (NA); With Disability (NA); Without Disability (NA)

2006 All Adults (72%); With Disability (72%); Without Disability (73%)

2007 All Adults (76%); With Disability (70%\*); Without Disability (78%)

2008 All Adults (72%); With Disability (68%); Without Disability (73%)

2009 All Adults (NA); With Disability (NA); Without Disability (NA)

2010 All Adults (67%); With Disability (67%); Without Disability (68%)

\* Denotes significant differences between proportions of adult Montanans who have disabilities and proportions of adult Montanans who do not have disabilities.

5. Diabetes

Goal: Through prevention programs, reduce the disease and economic burden of diabetes, improve the quality of life for all persons who have or are at risk for diabetes.

HP Objective 5-3. Reduce to 25 per 1000 the overall rate of diabetes diagnosed

2005 All Adults (57 per 1000); With Disability (109 per 1000\*); Without Disability (41 per 1000)

2006 All Adults (64 per 1000); With Disability (115 per 1000\*); Without Disability (49 per 1000)

2007 All Adults (66 per 1000); With Disability (134 per 1000\*); Without Disability (46 per 1000)

2008 All Adults (65 per 1000); With Disability (135 per 1000\*); Without Disability (41 per 1000)

2009 All Adults (68 per 1000); With Disability (141 per 1000\*); Without Disability (47 per 1000)

2010 All Adults (70 per 1000); With Disability (132 per 1000\*); Without Disability (48 per 1000)

HP Objective 5-12. Increase to 50% the number of adults with diabetes who have a glycosylated hemoglobin (A-one-C) measurement done at least once a year

2005 All Adults (85%); With Disability (87%); Without Disability (85%)

2006 All Adults (85%); With Disability (84%); Without Disability (86%)

2007 All Adults (84%); With Disability (85%); Without Disability (84%)

2008 All Adults (91%); With Disability (93%); Without Disability (89%)

2009 All Adults (87%); With Disability (87%); Without Disability (88%)

2010 All Adults (90%); With Disability (90%); Without Disability (90%)

HP Objective 5-14. Increase to 75% the number of adults with diabetes who have at least an annual foot exam

2005 All Adults (NA); With Disability (NA); Without Disability (NA)

2006 All Adults (73%); With Disability (77%); Without Disability (71%)

2007 All Adults (NA); With Disability (NA); Without Disability (NA)

2008 All Adults (73%); With Disability (77%); Without Disability (68%)

2009 All Adults (74%); With Disability (77%); Without Disability (73%)

2010 All Adults (74%); With Disability (72%); Without Disability (74%)

HP Objective 5-17. Increase to 60% the number of adults with diabetes who perform self –blood- glucose- monitoring at least daily

2005 All Adults (69%); With Disability (68%); Without Disability (70%)

2006 All Adults (67%); With Disability (70%); Without Disability (65%)

2007 All Adults (60%); With Disability (61%); Without Disability (59%)

2008 All Adults (61%); With Disability (62%); Without Disability (60%)

2009 All Adults (61%); With Disability (64%); Without Disability (58%)

2010 All Adults (57%); With Disability (57%); Without Disability (56%)

\* Denotes significant differences between proportions of adult Montanans who have disabilities and proportions of adult Montanans who do not have disabilities.

6. Disabilities and Secondary Conditions

Goal: Promote the health of people with disabilities, prevent secondary conditions, and eliminate disparities between people with and without disabilities in the U.S. population.

HP Objective 6-5. Increase to 79% the number of people with disabilities reporting that they have sufficient emotional support

2005 All Adults (82%); With Disability (71%\*); Without Disability (85%)

2006 All Adults (85%); With Disability (76%\*); Without Disability (87%)

2007 All Adults (83%); With Disability (72%\*); Without Disability (86%)

2008 All Adults (83%); With Disability (73%\*); Without Disability (86%)

2009 All Adults (81%); With Disability (71%\*); Without Disability (83%)

2010 All Adults (82%); With Disability (75%\*); Without Disability (85%)

HP Objective 6-6. Increase to 96% the number of people with disabilities reporting satisfaction with life

2005 All Adults (95%); With Disability (88%); Without Disability (97%)

2006 All Adults (97%); With Disability (90%); Without Disability (98%)

2007 All Adults (95%); With Disability (86%\*); Without Disability (98%)

2008 All Adults (95%); With Disability (90%); Without Disability (97%)

2009 All Adults (94%); With Disability (85%\*); Without Disability (96%)

2010 All Adults (95%); With Disability (89%\*); Without Disability (97%)

\* Denotes significant differences between proportions of adult Montanans who have disabilities and proportions of adult Montanans who do not have disabilities.

12. Heart Disease and Stroke

Goal: Improve cardiovascular health and quality of life through the prevention, detection, and treatment of risk factors; early identification and treatment of heart attacks and strokes; and prevention of recurrent cardiovascular events.

Status. Number of people ever diagnosed with cardiovascular disease (heart attack, angina, coronary heart disease or stroke)

2005 All Adults (7%); With Disability (17%\*); Without Disability (4%)

2006 All Adults (8%); With Disability (17%\*); Without Disability (5%)

2007 All Adults (8%); With Disability (18%\*); Without Disability (5%)

2008 All Adults (8%); With Disability (18%\*); Without Disability (5%)

2009 All Adults (8%); With Disability (17%\*); Without Disability (5%)

2010 All Adults (8%); With Disability (19%\*); Without Disability (4%)

HP Objective 12-9. Reduce to 16% the number of adults with high blood pressure

2005 All Adults 24%); With Disability (37%\*); Without Disability (20%)

2006 All Adults (NA); With Disability (NA); Without Disability (NA)

2007 All Adults (25%); With Disability (38%\*); Without Disability (21%)

2008 All Adults (NA); With Disability (NA); Without Disability (NA)

2009 All Adults (28%); With Disability (46%\*); Without Disability (23%)

2010 All Adults (NA); With Disability (NA); Without Disability (NA)

HP Objective 12-14. Reduce to 17% the number of adults with high total blood cholesterol levels

2005 All Adults 33%); With Disability (43%\*); Without Disability (31%)

2006 All Adults (NA); With Disability (NA); Without Disability (NA)

2007 All Adults (35%); With Disability (47%\*); Without Disability (31%)

2008 All Adults (NA); With Disability (NA); Without Disability (NA)

2009 All Adults (37%); With Disability (47%\*); Without Disability (33%)

2010 All Adults (NA); With Disability (NA); Without Disability (NA)

HP Objective 12-15. Increase to 80% the number of adults who have had their blood cholesterol checked in the past 5 years

2005 All Adults 69%); With Disability (75%\*); Without Disability (67%)

2006 All Adults (NA); With Disability (NA); Without Disability (NA)

2007 All Adults (71%); With Disability (79%\*); Without Disability (69%)

2008 All Adults (NA); With Disability (NA); Without Disability (NA)

2009 All Adults (72%); With Disability (79%\*); Without Disability (70%)

2010 All Adults (NA); With Disability (NA); Without Disability (NA)

\* Denotes significant differences between proportions of adult Montanans who have disabilities and proportions of adult Montanans who do not have disabilities.

14. Immunization and Infectious Diseases

Goal: Prevent disease, disability, and death from infectious diseases, including vaccine-preventable diseases.

HP Objective 14-29a. Increase to 90% the non-institutionalized adults 65 and older vaccinated annually against influenza

2005 All Adults (70%); With Disability (75%); Without Disability (66%)

2006 All Adults (73%); With Disability (77%\*); Without Disability 70%)

2007 All Adults (73%); With Disability (76%); Without Disability (71%)

2008 All Adults (69%); With Disability (73%); Without Disability (67%)

2009 All Adults (69%); With Disability (72%); Without Disability (67%)

2010 All Adults (66%); With Disability (71%\*); Without Disability (62%)

HP Objective 14-29b. Increase to 90% the non-institutionalized adults 65 and older ever vaccinated against pneumococcal disease

2005 All Adults (70%); With Disability (77%\*); Without Disability (66%)

2006 All Adults (72%); With Disability (80%\*); Without Disability 66%)

2007 All Adults (73%); With Disability (80%\*); Without Disability (68%)

2008 All Adults (69%); With Disability (78%\*); Without Disability (64%)

2009 All Adults (72%); With Disability (77%\*); Without Disability (69%)

2010 All Adults (72%); With Disability (80%\*); Without Disability (66%)

\* Denotes significant differences between proportions of adult Montanans who have disabilities and proportions of adult Montanans who do not have disabilities.

19. Nutrition and Overweight

Goal: Promote health and reduce chronic disease associated with diet and weight.

HP Objective 19-1. Increase to 60% the number of adults at a healthy weight

2005 All Adults (43%); With Disability (34%\*); Without Disability (45%)

2006 All Adults (41%); With Disability (35%\*); Without Disability 42%)

2007 All Adults (38%); With Disability (32%\*); Without Disability (40%)

2008 All Adults (38%); With Disability (31%\*); Without Disability (41%)

2009 All Adults (37%); With Disability (28%\*); Without Disability (40%)

2010 All Adults (39%); With Disability (30%\*); Without Disability (42%)

HP Objective 19-2. Increase to 15% the number of adults who are obese

2005 All Adults (21%); With Disability (29%\*); Without Disability (19%)

2006 All Adults (21%); With Disability (30%\*); Without Disability 19%)

2007 All Adults (23%); With Disability (30%\*); Without Disability (20%)

2008 All Adults (24%); With Disability (38%\*); Without Disability (21%)

2009 All Adults (24%); With Disability (31%\*); Without Disability (22%)

2010 All Adults (24%); With Disability (33%\*); Without Disability (20%)

\* Denotes significant differences between proportions of adult Montanans who have disabilities and proportions of adult Montanans who do not have disabilities.

21. Oral Health

Goal: Prevent and control oral and craniofacial diseases, conditions, and injuries and improve access to related services.

HP Objective 21-10. Increase to 56% the number of adults that use the oral health care system each year

2005 All Adults (NA); With Disability (NA); Without Disability (NA)

2006 All Adults (68%); With Disability (61%\*); Without Disability 70%)

2007 All Adults (NA); With Disability (NA); Without Disability (NA)

2008 All Adults (66%); With Disability (60%\*); Without Disability (68%)

2009 All Adults (NA); With Disability (NA); Without Disability (NA)

2010 All Adults (61%); With Disability (57%); Without Disability (62%)

\* Denotes significant differences between proportions of adult Montanans who have disabilities and proportions of adult Montanans who do not have disabilities.

22. Physical Activity and Fitness

Goal: Improve health, fitness, and quality of life through daily physical activity.

HP Objective 22-1. Reduce to 20% the number of adults who engage in no leisure-time physical activity

2005 All Adults (22%); With Disability (39%\*); Without Disability (18%)

2006 All Adults (19%); With Disability (32%\*); Without Disability 16%)

2007 All Adults (20%); With Disability (33%\*); Without Disability (16%)

2008 All Adults (23%); With Disability (34%\*); Without Disability (20%)

2009 All Adults (22%); With Disability (34%\*); Without Disability (19%)

2010 All Adults (22%); With Disability (32%\*); Without Disability (18%)

HP Objective 22-2. Increase to 30% the number of adults who engage in regular, moderate physical activity

2005 All Adults (57%); With Disability (41%\*); Without Disability (61%)

2006 All Adults (NA); With Disability (NA); Without Disability (NA)

2007 All Adults (58%); With Disability (48%\*); Without Disability (61%)

2008 All Adults (NA); With Disability (NA); Without Disability (NA)

2009 All Adults (48%); With Disability (39%\*); Without Disability (50%)

2010 All Adults (NA); With Disability (NA); Without Disability (NA)

HP Objective 22-3. Increase to 30% the number of adults who engage in regular vigorous activity

2005 All Adults (33%); With Disability (21%\*); Without Disability (37%)

2006 All Adults (NA); With Disability (NA); Without Disability (NA)

2007 All Adults (33%); With Disability (21%\*); Without Disability (36%)

2008 All Adults (NA); With Disability (NA); Without Disability (NA)

2009 All Adults (36%); With Disability (23%\*); Without Disability (40%)

2010 All Adults (NA); With Disability (NA); Without Disability (NA)

24. Respiratory Diseases

Goal: Promote respiratory health through better prevention, detection, ,treatment and education efforts.

HP Objective 24-8. (Developmental) Track prevalence of asthma within state

2005 All Adults (8%); With Disability (13%\*); Without Disability (6%)

2006 All Adults (8%); With Disability (14%\*); Without Disability 7%)

2007 All Adults (9%); With Disability (16%\*); Without Disability (7%)

2008 All Adults (10%); With Disability (17%\*); Without Disability (7%)

2009 All Adults (8%); With Disability (15%\*); Without Disability (6%)

2010 All Adults (9%); With Disability (15%\*); Without Disability (7%)

\* Denotes significant differences between proportions of adult Montanans who have disabilities and proportions of adult Montanans who do not have disabilities.

26. Substance Abuse

Goal: Reduce substance abuse to protect the health, safety, and quality of life for all, especially children.

HP Objective 16-11c, Reduce to 6% the number of adults reporting binge drinking alcoholic beverages in the past 30 days

2005 All Adults (17%); With Disability (12%\*); Without Disability (18%)

2006 All Adults (16%); With Disability (11%\*); Without Disability (17%)

2007 All Adults (17%); With Disability (14%); Without Disability (18%)

2008 All Adults (18%); With Disability (13%\*); Without Disability (19%)

2009 All Adults (17%); With Disability (10%\*); Without Disability (19%)

2010 All Adults (17%); With Disability (11%\*); Without Disability (19%)

\* Denotes significant differences between proportions of adult Montanans who have disabilities and proportions of adult Montanans who do not have disabilities.

27. Tobacco Use

Goal: Reduce illness, disability, and death related to tobacco use and exposure to secondhand smoke.

HP Objective 27-1a. Reduce to 12% the percent of adults smoking cigarettes

2005 All Adults (19%); With Disability (22%); Without Disability (18%)

2006 All Adults (19%); With Disability (25%\*); Without Disability 17%)

2007 All Adults (20%); With Disability (27%\*); Without Disability (17%)

2008 All Adults (19%); With Disability (23%\*); Without Disability (17%)

2009 All Adults (17%); With Disability (23%\*); Without Disability (15%)

2010 All Adults (19%); With Disability (26%\*); Without Disability (17%)

\* Denotes significant differences between proportions of adult Montanans who have disabilities and proportions of adult Montanans who do not have disabilities.

End of table description.

Resources

The Amputee Coalition of America’s and its National Peer Network: http://www.amputee-coalition.org/npn\_about.html

The Arthritis Foundation, Rocky Mountain Chapter: http://www.arthritis.org/chapters/montana/

BRFSS data, the primary source of state-based information about health risk behaviors among adults: www.cdc.gov/brfss

CDC’s Disability and Health State Chartbook - 2006 Profiles of Health for Adults With Disabilities: http://www.cdc.gov/ncbddd/disabilityandhealth/chartbook/intro.html

CDC’s Free Disability and Health Materials including fact sheets on state, district and territory based health indicator data:

http://www.cdc.gov/ncbddd/disabilityandhealth/freematerials.html

Christopher and Dana Reeve National Paralysis Foundation and its Peer & Family Support Program: http://www.christopherreeve.org/site/c.mtKZKgMWKwG/b.6631963/k.1359/Peer\_and\_Family\_Support\_Program\_Application/apps/ka/ct/contactus.asp?c=mtKZKgMWKwG&b=6631963&en=mrLLKRPEJcJLJ7PDL6IOJ3OLLjIRK7MHKfJRL8OQIvH

Dental Lifeline Network: http://www.nfdh.org/

Eagle Mount Bozeman: http://www.eaglemount.org/

Food and Nutrition, Montana State University Extension Service: http://www.msuextension.org/nutrition/

Good Nutrition Ideas, Montana Disability and Health Program, University of Montana Rural Institute: http://www.goodnutritionideas.com/

Have Healthy Teeth Program, Montana Disability and Health Program, University of Montana Rural Institute: http://mtdh.ruralinstitute.umt.edu/Publications/OralHealthPilot.htm

Healthy People 2020: www.healthypeople.gov/2020

Living Well With a Disability, Montana Disability and Health Program, University of Montana Rural Institute: http://www.livingandworkingwell.org/

Montana Behavioral Risk Factor Surveillance System www.brfss.mt.gov

Montana Cancer Control Programs: http://www.dphhs.mt.gov/publichealth/cancer/

Montana Addictive & Mental Disorders Division: http://www.dphhs.mt.gov/amdd/

Montana Cardiovascular Disease & Diabetes Prevention Program: http://www.dphhs.mt.gov/publichealth/diabetes/prevention.shtml

Montana Cardiovascular Health Program: http://www.dphhs.mt.gov/publichealth/cardiovascular/index.shtml

Montana Centers for Independent Living: http://www.summitilc.org/mtcil.html

Montana Diabetes Project: http://www.dphhs.mt.gov/publichealth/diabetes/

Montana Immunization Program: http://www.dphhs.mt.gov/PHSD/Immunization/immune-index.shtml

Montana Medicaid: http://medicaidprovider.hhs.mt.gov/

Montana Medicare: http://www.sao.mt.gov/seniors/medsupguide.pdf

Montana Mental Health America of Montana: http://www.montanamentalhealth.org/

Montana Nutrition and Physical Activity Program: http://www.montananapa.org/

Montana Oral Health Program: http://www.dphhs.mt.gov/publichealth/oralhealth/

Montana Primary Care Association: http://www.mtpca.org/

Montana Special Olympics: http://www.somt.org/

Montana Tobacco Use Prevention Program: http://tobaccofree.mt.gov/

National Alliance on Mental Illness, Montana Chapter: http://www.namimt.org/

National Center on Physical Activity and Disability: http://www.ncpad.org/

New Directions Wellness Center, University of Montana: http://www.health.umt.edu/schools/pt/clinics/newdirections.php

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