

Inclusive Healthcare Resource Toolkit 2023

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I. Videos and Archived Webinars

ACCESS TO HEALTHCARE

Healthcare Access for Persons with Disabilities (1025624)

Format: Web-based Training - Self-study (Online)

Clinical/Non-Clinical: Non Clinical
Course Number: 1025624
Cost: Free

When: This course is updated annually.

Course Objectives: The overall goals for this training program are to increase the capacity

of health professionals and staff to deliver culturally sensitive, quality care to adults and children with physical and sensory disabilities, to solve related problems in their practices, and to comply with the requirements of the Americans with Disabilities Act. By the end of this course you will (1) gain a better understanding of health, wellness and care issues concerning people with physical disabilities; (2) recognize the four barriers to quality healthcare, as addressed in the ADA; and (3) learn a minimum of five skills to increase good communication and rapport to enhance accurate assessment and

delivery of quality care.

Online: Healthcare Access for Persons with Disabilities Online Module

Where in Health is Disability? Public Health Practices to Include People with Disabilities

CDC Public Health Grand Rounds webcast focuses on disability and health. The work of NCBDDD's Division of Human Development and Disability and its network of partners present data on health differences and risk factors of poor health in individuals with disabilities, demonstrate physical activity programs implemented by CDC's Arthritis program and reveal best practices for the inclusion of disability in national public health organizations.

Online: CDC's Public Health Grand Rounds

The Fatal Five Fundamentals

The Fatal Five (previously known as the Fatal Four) refers to the top five conditions linked to preventable deaths of persons in congregate care settings or in community-based residential settings. These eLearning courses are intended for clinicians and other caretakers who require knowledge on the Fatal Five fundamentals in order to provide appropriate care and support. While the issues can differ in order of frequency depending on the population being represented, the five conditions most likely to result in death or health deterioration for persons with Intellectual and Developmental disabilities are:

- Aspiration
- Bowel Obstruction
- Dehydration
- Seizures
- Infection/Sepsis

Online: <u>The Fatal Five Fundamentals</u>; The Montana Developmental Disabilities Program also is promoting this training to state developmental disabilities service providers. Contact a <u>DDP Regional Office</u> to learn more.

National Center on Health, Physical Activity and Disability's (NCHPAD) Training Resources for Health Care Providers. NCHPAD videos for health care providers (e.g., #doctalk videos), guidelines and training resources are curated and available at: https://www.nchpad.org/Health~Care~Providers

NCHPAD: Health Disparities and Cultural Competence

Upstate NY: Practical Recommendations for Enhancing the Care of Patients with Disability

The three modules below provide continuing education opportunities for physicians, nurses, and other health professionals. These modules have each been approved as web-based continuing education by the Centers for Disease Control and Prevention. CDC: Training and Continuing Education Online [search "Disability"]

Each module is designed to focus on providing physicians with practical recommendations, tools and strategies to help enhance care for patients with disability. The objective is to help physicians identify small changes they can make to better meet the needs of their patients with disability and increase the quality of care for all patients.

Module I: Establishing a Foundation for Access, Interaction and Mutual Understanding

Establishing a Foundation for Access, Interaction and Mutual Understanding (WB2748) introduces the context of disability and provides approaches and techniques that can be used to establish a foundation for ensuring equal and adequate health care access, respectful interactions and shared understanding to achieve an office visit that is mutually successful.

Module II: Recommendations for Physical Examination & Clinical Management

Recommendations for Physical Examination & Clinical Management (WB2916) highlights approaches and techniques that can be used to modify the physical examination and inform clinical management decisions in order to meet the unique needs of each patient with disability.

Module III: Encouraging Partnerships Between Patients with Disability and Physicians

Encouraging Partnerships Between Patients with Disability and Physicians (WB2917) facilitates the importance of communication between physicians and their patients with disability and provides recommendations to enhance the physician patient partnership.

Special Olympics: Health Professional Training Take free eLearning courses to learn how to treat people with intellectual disabilities. The mission of Special Olympics Health is to provide access to preventive health programming and access to quality health care for children and adults with intellectual disabilities, giving them continuing opportunities to improve their physical health and social and emotional well-being.

Current courses available include:

- **Special Olympics Health:** A 30-minute course that provides an overview of the history and mission of Special Olympics and its health initiatives.
- **Introduction to Intellectual Disabilities:** A 45-minute course that provides information on what is an intellectual disability, how to communicate with someone with ID, and health disparities among people with ID.
- **General Health Volunteer Training:** A 60-minute course that is a condensed version of Special Olympics Health and Introduction to Intellectual Disabilities.

- Supporting Families through the ID Diagnosis: This 45-minute training is designed for clinicians who are working with a family through a Global Developmental Delay (GDD) or intellectual disability diagnosis.
- **Inclusive Fitness Training:** This 60 minute module is for fitness professionals who want to learn more about how to work with people with intellectual disabilities in their own fitness setting.
- Clinical Director Training: Various training programs for Healthy Athletes Clinical Directors. Please contact <u>HealthyAthletes@specialolympics.org</u> for more information on becoming a Clinical Director.

INSTRUCTIONS

- STEP 1: Online Learning Portal
- Open the Special Olympics Learning Portal
- Please note: The recommended browser is the latest versions of Mozilla Firefox & Google Chrome or Internet Explore 10 or above
- STEP 2: Login/Register
- If you have previously used the Special Olympics Learning Portal, please select "Login" and use your registered email and password.
- If you are **new** to the Special Olympics Learning Portal, please select "Register"
- Please note: Your email will only be used for communication about the Special Olympics Learning Portal.

STEP 3: New User Registration Part 1

Please fill out the required fields. Please note instructions on the following:

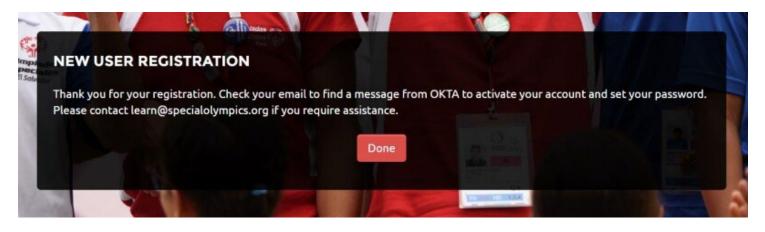
- Learning Area: It is very IMPORTANT to select "Health".
- **Region:** If you are unsure of the Special Olympics Region you are in, you can <u>view all Programs by region</u> <u>here</u>.
- Area of Focus: Select "Health Professional"
- Captcha: You must check "I am not a robot."
- Privacy Policy // Terms & Conditions: You must check both fields to move forward.

Finally, proceed to hit "REGISTER".

STEP 4: Registration

New User Registration: Confirmation

Upon completion you will receive a web confirmation that your registration has gone through, see screenshot below:



Check the **email that you registered** to complete the process. You will receive an email titled "Welcome to Special Olympics!" and the sender will be "Okta".

STEP 5: Finalize Account

Within the email, click the "Activate Special Olympics Account" button on the email within 30 days to complete registration.

Enter a new password and choose a security image to proceed.

STEP 6

Your registration is now complete—you are logged in and can begin taking courses.

QUESTIONS? Please email us.

<u>Special Olympics Montana</u> trains health care providers and resources are available upon request. For information about these training resources, contact:

Bill Salonen, Senior Director of Innovation, Special Olympics Montana. <u>bsalonen@somt.org</u>. 406-315-4230 (w) 406-788-4393 (c)

EDUCATION

Physician Education in Developmental Disabilities (PEDD)

The American Academy of Developmental Medicine and Dentistry (AADMD) would like to encourage the physician community to take part in the PEDD continuing medical education curriculum. It is completely free to participate and entirely online. While it is geared toward primary care physicians, hundreds of specialist physicians and non-physicians have found this curriculum to be a valuable training tool as well.

Cost: Free

Accreditation: Up to 12.0 hours of AAFP prescribed credit (equivalent to AMA Cat. 1)

Target Audience: Primary Care Providers

Online: Physician Education in Developmental Disabilities

NH Disability and Health Program: Healthcare Provider Trainings

Enhances your ability to deliver disability-competent healthcare and services that are accessible to people with intellectual, mobility, and other disabilities.

Module 1: Providing Health Care and Screening to People with Disabilities

Module 2: Accessible and Adaptive Communication

Continuing Education available for Nurses, Physicians, and Pharmacists

Nisonger Center Healthcare Access for People with Disabilities

These courses are designed to increase the capacity of health care providers to provide quality healthcare for persons with disabilities. Part I: People with Physical and Sensory Disabilities (WD4367) and Part II: People with Developmental Disabilities (WD4234) trainings present various disability issues, serving to strengthen participants' competence in physical/sensory and developmental disabilities.

Online: <a href="https://nisonger.osu.edu/education-training/ohio-disability-health-program/disa

Beginner's Guide to Disability and Health Data System

This CDC webinar provides an overview of how to use the CDC's Disability and Health Data System (DHDS) to investigate health differences between adults with and without disabilities.

Cost: Free

Target Audience: Anyone who wants to learn how to use the Disability and Health Data System.

Online: Beginner's Guide to Disability and Health Data System

Disability and Health Data System: Beyond the Basics

This CDC webinar builds on the Beginner's Guide to DHDS and is designed for users who want to explore more advanced features, learn tips about utilizing the data available in the CDC's DHDS, and see examples of how the data can be used to plan for disability inclusive programs and services.

Cost: Free

Target Audience: Anyone who wants to learn how to use the Disability and Health Data System to build disability inclusive programs and services.

Online: Disability and Health Data System: Beyond the BasicsCOMMUNICATION

Mental Health and Developmental Disabilities (MHDD) National Training Center Webinars

MHDD has many free webinars regarding mental health and individuals with developmental disabilities. Webinar topics include supported decision making, centering individuals with IDD during crises and emergencies, suicide prevention, and mental health self-care.

Online: MHDD Webinars

IDEAL RRTC Webinar Series: Reimagining Primary Health Care for Individuals with Disabilities

Nearly 1 in 4 individuals report a disability, yet current health care is poorly equipped to care for them. Individuals with disabilities report miscommunication, inaccessible health equipment and facilities, reduced awareness and training by health care providers, and low patient satisfaction while struggling with inadequate health literacy. These factors contribute to existing health inequities. Rethinking and redesigning our health care, through the guidance of innovative clinics and programs, is needed to address these inequities and care for these individuals

effectively. This webinar will review current models and strategies that could be widely adopted in health care. These steps can make health care more inclusive and equitable.

In addition to adults with disabilities and consumer advocates, our target audience includes clinicians, students, administrators, and other health care professionals in the fields of family medicine, general medicine, geriatric medicine, internal medicine, otolaryngology, physical medicine and rehabilitation, primary care, and social work. Please see our MiCME Activity Overview page for more information.

The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)TM.Physicians should claim only the credit commensurate with the extent of their participation in the activity.

To register for CME credit, you must log in or create an account via the MiCME website. The webinar registration and CME registration must both be completed to receive CME credit for attending the event.

About the Webinar Series

The content of this webinar has been developed under a grant from the National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR #90RTHF0001). NIDILRR is a Center within the Administration for Community Living (ACL), Department of Health and Human Services (HHS). The content of this webinar does not necessarily represent the policy of NIDILRR, ACL, or HHS and you should not assume endorsement by the Federal Government.

CMS: Modernizing Health Care to Improve Physical Accessibility

This course offers solutions for increasing the physical accessibility of health care settings and services for people with disabilities.

- Introduction
- Lesson 1: Accessibility requirements and definitions
- Lesson 2: Facilities and services
- Lesson 3: Policies and procedures
- Assessment

The Partnership for Inclusive Disaster Strategies (PID).

The Partnership for Inclusive Disaster Strategies offers a wide array of emergency, disaster, and resilience programs and services for communities, organizations, corporations, and governments to achieve and maintain equal access and full inclusion before, during, and after disasters. The Partnership for Inclusive Disaster Strategies' interactive trainings and customized COVID-19 testing and mass vaccination sites checklist bundle will help enable health department staff and clinic and site staff at clinics to identify structural and communication barriers, comply with legal obligations, and ensure people with disabilities have equal access to

testing and vaccinations. PIDS will work with partners to include best practices such as providing peer support to people in crisis at vaccine sites. The trainings will support the health department and clinic and site staff in (1) understanding legal obligations, (2) using the customized checklist, and (3) identifying promising practices to provide disabled people equal access to the vaccination process. The trainings are engaging and will be provided by a disabled person who has been conducting national training in the ADA and Section 504 for 30 years.

NACCHO's Health & Disability E-learning Module for Health Department Staff

NACCHO's Health and Disability Program is proud to announce a new online e-learning module titled, "Health and Disability 101: Training for Health Department Employees." The purpose of this training is to educate health department staff about the benefits of including people with disabilities in all public health programs, products and services. To access this free training, click the following link: NACCHO: Health and Disability 101 Training for Health Department Employees.

This course can be accessed through NACCHO University, NACCHO's learning management platform. In order to view the course, you will need to create a MyNACCHO account by clicking the "sign in" button on the top right. Follow the prompts to create a new account and you will be re-directed back to the NACCHO University homepage. When signed-in, you can access your account by clicking on your name on the top right.

AFFORDABLE CARE ACT

Tax-Advantaged Savings for Individuals with Disabilities

The webinar discusses tax-advantaged savings through ABLEnow accounts that are made possible by the Achieving a Better Life Experience (ABLE) Act, which authorized states to establish tax-advantaged ABLE savings programs. ABLEaccounts do not impact certain disability benefits.

Presenter: Sarah Pennington, ABLEnow representative

Target audience: The webinar is designed for anyone who is interested in tax-advantaged savings accounts for individuals with disabilities.

Online: <u>United Spinal Association</u>

AUCD: Understanding Health and Health Promotion for People with ID

Resource Modules on Health of People with Intellectual Disabilities > Module 1

Module 1: "Understanding Health and Health Promotion for People with ID" Updated February 2023

Introduction to Module 1:

The cases of this module are designed for LEND and UCEDD trainees to learn more about the adult phase of the life course continuum of health and health care for people with developmental and intellectual disabilities. By participating in this case-based curriculum, LEND and UCEDD trainees will gain knowledge and perspective concerning: common health issues for adults with ID; socio-cultural influences on health of adults with ID; self-determination and person-centered care as essential elements of health promotion and healthcare for adults with ID; the importance of competitive employment and place of residence on health status; and the central importance of optimal health status on quality of life and on the ability of adults with ID to live the lives they desire in inclusive communities. These cases were created by the Association of University Centers on

Disabilities (AUCD) and Westchester Institute for Human Development UCEDD, with input from the Nisonger Center UCEDD and Sonoran UCEDD, and with support from the HealthMeet Project of The Arc.

Click on the name of the case to link to the opening case history:

Case 1: Mr. Herman Cruz, a 57 year old man who has diabetes and is obese, visiting a new primary care provider

Case 2: Ms. Terry Schaeffer, a 35 year old woman, on a visit with a new primary care provider.

Case 3: Mr. James Foster, a 22 year old man visiting the emergency department because of a severe cough

Case 4: Ms. Grace Tester, a 63 year old woman with dementia and breast cancer.

Developed in 2012 by Karen Edwards, MD MPH, Susan Havercamp, PhD, Leslie J Cohen, JD, and David O'Hara, PhD with review and input by Jamie Perry, MD MPH, Adriane K. Griffen, MPH, MCHES and George S. Jesien, PhD of the Association of University Centers on Disabilities; **Revision and update in 2021 by Karen Edwards, MD MPH**

AUCD: Communication Skills in the Context of Health and Wellness

Resource Modules on Health of People with Intellectual Disabilities > Module 2

Module 2: "Communication Skills in the Context of Health and Wellness" Updated February 2023

Introduction to Module 2:

This module is designed to help trainees, students and health professionals to increase their knowledge and skills to improve communication with people with intellectual disabilities (ID). The resources in this module concern: communication during health care and wellness encounters with people with ID; cultural and linguistic competence in communication; working with interpreters; inclusion strategies in written and electronic communication; language use to demonstrate respect; supporting self-determination in health; the use of technology for effective communication; and communication with people with sensory challenges and language differences.

Click on a scenario to access the resources:

Scenario 1: Communication skills for working with people with ID in the context of health care and wellness encounters.

Scenario 2: Cultural and linguistic competency in communication; working with interpreters

Scenario 3: <u>Inclusion strategies in written and electronic communication with people with ID concerning health</u> and wellness

Scenario 4: Language to demonstrate respect

Scenario 5: Communication to support self-determination in health

Scenario 6: Use of technology for effective communication by and with people with ID

Scenario 7: Communication with people with sensory challenges such as hearing loss and visual impairment

Developed in 2015 by Karen Edwards MD MPH and Catherine Yankou, MPH, Westchester Institute for Human Development; Review and Input By Adriane K Griffen, DrPH, MPH, MCHES of the Association of University Centers on Disabilities; Revision and update in 2021 by Karen Edwards, MD, MPH

II. Access to Care

ACCESSIBILITY GUIDELINES AND STANDARDS

Guide to the ADA Accessibility Standards

This guide explains requirements in the current editions of the ADA Standards issued by the Department of Justice (DOJ) and the Department of Transportation (DOT). It was developed by the U.S. Access Board in cooperation with DOJ and DOT. It is important to use this guide along with a complete copy of the ADA Standards as it explains, but does not contain or reprint, the text of the ADA Standards.

US Access Board: Guide to the ADA Accessibility Standards

Accessible Medical Examination Tables and Chairs

This publication from Americans with Disabilities Act Technical Assistance (ADATA) is intended for health care professionals, hospital/clinic staff who are responsible for selecting or purchasing diagnostic medical equipment, medical equipment specialists, and all those who require knowledge of the technical specifications for accessible examination tables and chairs.

The goal is to provide information about the physical configuration and operational characteristics of accessible examination tables and chairs as specified in the latest proposed federal standards so that medical facilities are properly equipped to serve individuals with disabilities.

Accessible Medical Examination Tables and Chairs

Standards for Accessible Medical Diagnostic Equipment

The Architectural and Transportation Barriers Compliance Board is issuing accessibility standards for medical diagnostic equipment. The standards for medical diagnostic equipment (MDE Standards) contain minimum technical criteria to ensure that medical diagnostic equipment, including but not limited to, examination tables, examination chairs, weight scales, mammography equipment, and other imaging equipment used by health care providers for diagnostic purposes are accessible to, and usable by, individuals with disabilities. The MDE Standards will allow independent entry to, use of, and exit from the equipment by individuals with disabilities to the maximum extent possible. The MDE Standards do not impose any mandatory requirements on health care providers or medical device manufacturers. However, other agencies, referred to as enforcing authorities in the MDE Standards, may issue regulations or adopt policies that require health care providers subject to their jurisdiction to acquire accessible medical diagnostic equipment that complies with the MDE Standards.

Standards for Accessible MDE

Prescription Drug Container Labels

This report from the US Access Board describes best practices for prescription drug container labels for people with disabilities. It also provides the legislative background of this initiative and describes why these best practices are needed.

US Access Board: Prescription Drug Container Labels

Access to Health for Persons with Disabilities

This report was commissioned to provide a general overview of the health status of persons with disabilities, in order to inform the next report of the UN Special Rapporteur on the rights of persons with disabilities for the UN General Assembly. The purpose of this background document is to provide an overview of different topics related to the health of persons with disabilities, including: relationship between disability and health; health care needs of persons with disabilities; unmet health care needs of persons with disabilities; barriers in accessing free or affordable health care services; and human rights violations in the context of health care services.

Access to Health for Persons with Disabilities

<u>Partnering to Create a More Accessible Future: A Panel Conversation about Ableism and Racism in Healthcare</u>

The University of Michigan Center for Disability Health and Wellness hosted a live panel discussion on Monday January 18th, 2021 in honor of Martin Luther King Jr. Day (observed on the following Monday). Panelists included: Mrs. Tameka Citchen-Spruce from Healthy Dearborn, Beaumont Health; Ms. Jaime Junior from Warriors on Wheels of Metropolitan Detroit, and Mr. Jeffrey Nolish from Detroit Disability Power; Dr. Sheria Robinson-Lane, Assistant Professor in University of Michigan School of Nursing. The conversation was moderated by Dr. Michelle Meade, co-director of the CDHW.

View our MLK Day Flyer Here

ADA NATIONAL NETWORK

Accessible Parking (2012)

Technical assistance for readily achievable barrier removal design specifics for van-accessible parking spaces.

ADA National Network TA: Accessible Parking

Checklist for Readily Achievable Barrier Removal (2011)

A fill-in checklist for readily achievable barrier removal in four priority areas: approach and entrance, access to goods and services, toilet rooms, and additional access (i.e., drinking fountains, public telephones, and fire alarms)

ADA Checklist for Readily Achievable Barrier Removal (PDF)

ADA Checklist for Readily Achievable Barrier Removal

ADA.GOV

Access to Medical Care for Individuals with Mobility Disabilities (2010).

This resource includes four parts: overview and general requirements, commonly asked questions, accessible examination rooms, and accessible medical equipment.

Access to Medical Care for Individuals with Mobility Disabilities

Americans with Disabilities Act: Tax Incentives for Businesses (2005)

Two tax incentives are available to businesses to help cover the cost of making access improvements. The first is a tax credit that can be used for architectural adaptations, equipment acquisitions and services such as sign language interpreters. The second is a tax deduction that can be used for architectural or transportation adaptations.

Tax Incentives for Businesses (PDF)

ADA Update: A Primer for Small Businesses (2010)

This resource is for small businesses and includes general nondiscrimination requirements, more accessibility options for the environment, steps for success (i.e., facility assessment, staff

training), and ADA resources.

ADA Update: A Primer for Small Businesses (PDF)

Accessible Health Care

This publication from Americans with Disabilities Act Technical Assistance (ADATA) provides information on ensuring your medical facility is accessible for all patients. It addresses examination rooms, medical equipment, and communication.

Accessible Health Care

Improving Accessibility with Limited Resources (2008)

This resource contains information on ADA compliance, barrier removal, accessibility guidelines and conducting on-site surveys. Access guidance resources are included.

Improving Accessibility With Limited Resources

A Planning Guide for Making Temporary Events Accessible to People with Disabilities

This guide from ADATA provides information to assist planners, managers, operators, and building owners in making temporary events accessible to people with disabilities. This guide acquaints the reader with: the value of making temporary events accessible, an overview of the law, planning strategies to help prevent discrimination, typical barriers and solutions for removal, and methods of locating and coordinating available resources to achieve accessibility.

Planning Guide for Accessible Temporary Events

Accessibility

Archived webinars are free and focus on the following subject areas: communication and IT, public-rights-of-way/transportation, Access Board, building and facilities: Americans with Disabilities Act (ADA) and Architectural Barriers Act (ABA) standards, elements and spaces, and specific facility types.

Online: Accessibility Online

NCHPAD's Community Health Inclusion Assessment Tools: Environmental-Level Assessments

There are several available assessments that can be utilized to determine the levels of inclusion and accessibility of a wide range of environments on both broad environmental and individual levels. This resource guide provides a brief background on a wide range of such tools, as well as links and contact information to allow consumers to learn more about those that may be of most interest and/or benefit to them, their organizations, and the clients and consumers they serve. This page features environment-level assessment tools, while the next page highlights person-level assessment tools.

Online: https://www.nchpad.org/1261/6287/Community~Health~Inclusion~Assessment~Tools

III. Dental Care

WEBINARS AND ONLINE MODULES

Smiles for Life: A National Oral Health Curriculum

This curriculum is designed to enhance the role of primary care clinicians in the promotion of oral health for all age groups through the development and dissemination of high-quality educational resources.

An Oral Health Professionals Guide to Servicing Young Children with Special Health Care Needs

This series of five modules is designed to provide oral health professionals with information to help ensure that young children with special health care needs have access to health promotion and disease prevention services that address their unique oral health needs in a comprehensive, family-centered, and community-based manner.

Special Care Dentistry Association

This is a link to the Special Care Dentistry Association (SCDA), which is a unique international organization of oral health professionals and other individuals who are dedicated to promoting oral health and well-being for people with special needs. SCDA provides educational opportunities and information exchange for oral health care professionals who treat patients with special needs. Members of SCDA have complete access to useful resources, important industry news and exclusive networking and educational events.

Patients with Special Needs: Resources for Patients and Health Care Professionals

This is a link to the University of Washington School of Dentistry that contains oral health fact sheets for dental professionals in providing care to children and adults with a range of special needs, including ADHD, Autism, Cerebral Palsy, Down Syndrome, Epilepsy, Hearing Impairments, and Intellectual Disabilities.

ASTDD webinars: Better Oral Health for Kids with Special Needs

This is a link to many webinars from the Association of State and Territorial Dental Directors (ASTDD), including a webinar addressing oral health for kids with special needs. Learning objectives for the webinar include: 1)Participants will understand the wide variety of special needs that may affect oral health, 2) Participants will learn about 11 resources that can be used to promote better oral health for kids with special needs, and 3)Participants will understand how to identify the "right" dental home for kids with special needs. The webinar is free and includes the PowerPoint slides.

Preservice Health Training: Dental Healthcare, child

This is a link to a preservice health training module from the Human Development Institute at the University of Kentucky designed to educate students and primary care providers about working with individuals having developmental disabilities. As you work through each case, you make decisions about how to conduct the examination, as well as answer specific questions related to developing a treatment plan. In this case, a 10-year-old boy with Down syndrome is being seen for a dental checkup.

Preservice Health Training: Dental Healthcare, adult

This is a link to a preservice health training module from the Human Development Institute at the University of Kentucky designed to educate students and primary care providers about working with individuals having developmental disabilities. As you work through each case,

you make decisions about how to conduct the examination, as well as answer specific questions related to developing a treatment plan. In this case, an individual with dual sensory impairment is being seen for a possible dental restoration.

NATIONAL INSTITUTE OF DENTAL AND CRANIOFACIAL RESEARCH

NIDCR: Developmental Disabilities and Oral Health

(Listed resources below are available on the above HTML link)

An Introduction to Practical Oral Care for People With Developmental Disabilities Presents an overview of the *Practical Oral Care* series.

Autism

Presents an overview of health challenges in people with autism and offers strategies for providing oral care in the general practice setting.

Cerebral Palsy

Presents an overview of health challenges in people with cerebral palsy and offers strategies for providing oral care in the general practice setting.

Down Syndrome

Presents an overview of health challenges in people with Down syndrome and offers strategies for providing oral care in the general practice setting.

Intellectual Disability

Presents an overview of health challenges in people with intellectual disability and offers strategies for providing oral care in the general practice setting.

Wheelchair Transfer: A Health Care Provider's Guide

This document provides general guidance on completing a safe wheelchair transfer in the dental setting.

IV. Women's Health

AMERICAN CONGRESS OF OBSTETRICIANS AND GYNECOLOGISTS

Reproductive Health Care for Women with Disabilities

This recoded slide program assists women's health care clinicians with office skills to assist with their care of women with physical, developmental or sensory disabilities, giving specific information for reproductive health care.

Obstetric Management of Patients with Spinal Cord Injuries

This document provides updated recommendations for providing obstetric care to women with spinal cord injuries.

Video Training on Health Care for Women with Developmental Disabilities

The Human Development Institute at the University of Kentucky has developed Pre-service Health Training (PHT) modules designed to educate practicing primary care providers about working with individuals having developmental disabilities. One such module, free and on line, concerns women's health care and includes patient-provider encounters on an interactive video. This training offers a certificate of completion for participants.

V. American Indian and Alaska Native Health

Sick and Tired of Being Sick and Tired: BIPOC, Disabilities, and Mental Health

This webinar from Mental Health and Developmental Disabilities (MHDD) discusses specific mental health resources for BIPOC individuals with disabilities. The three learning objectives of the presentation are: 1) to understand relevant historical and current context related to minority mental health, describe mental health and related issues that are pertinent to people of color, and to identify culturally sensitive mental health resources.

Understanding Disabilities in American Indian and Alaska Native Communities

This toolkit from the National Council on Disability was developed collaboratively with tribal program directors, including from the Pine Ridge, Confederated Salish and Kootenai Tribes, St. Regis Mohawk, Hopi Nation, Yakama Nation, Pueblo of the Zuni, Oneida Nation, and Navajo Nation. The toolkit discusses disabilities in Indian communities, barriers and challenges to healthcare access, healthy living, education, independent living, vocational rehabilitation and employment resources, assistive technology, housing and facilities, transportation, and advocating for change.

Long-Term Services and Supports in Indian Country: Issues Affecting American Indians and Alaska Native Consumers with Disabilities

This report highlights the status and experiences of AI/AN people with disabilities and the issues they face seeking long-term services and supports in Indian Country. It summarizes and discusses data collected from academic articles, government publications, organizational materials, and other online information sources. The report contains a brief overview of three tribally-operated programs providing long term services and supports (LTSS) for people with disabilities, as well as a discussion of findings which suggest methods to improve the research into, and the development of services for, tribal members with disabilities. In short, this report aims to: 1) Discuss perspectives of disability within an indigenous framework, 2) Provide an overview of the status of people with disabilities in Indian Country, including an examination of prevalence and incidence rates, causes, and implications for tribal communities; 3) Examine issues of tribal sovereignty, program and service funding, and family caregiver needs; and 4) Offer a discussion of best practices and findings from the literature regarding ways to improve the provision of effective LTSS for AI/ANs with disabilities throughout Indian Country.

Indian Health Services: Best Practices

This link has information regarding Indian Health Services (HIS) identified best practices for early childhood oral health, child height and weight measurement, Indian health diabetes, improving patient care, breastfeeding promotion and support, and recruitment and retention.

INDIAN HEALTH SERVICES WEBINARS

Social Determinants of Health: Culturally Adapted for AI/AN Communities

Cultural Resilience during COVID-19

Supporting Safety for Families of Children with Neurodevelopmental Disorders during COVID-19

Managing Behavior Problems in Children with Autism Spectrum Disorder in the School and Healthcare Systems

Overlap in Symptom Presentation of Trauma and Autism Spectrum Disorders: Practical Applications

Engaging Children and Teens in Telebehavioral Health Sessions

ACES and Why They Matter in Healthcare

VI. Veteran Health

U.S. Department of Veterans Affairs

Provider Webinar Series

The VA has produced a webinar series for community providers who provide care to Veterans. Webinar topics include working with Veterans who have a spinal cord injury, traumatic brain injury, and who have been exposed to Agent Orange.

Military Culture: Enhancing Clinical Competence

This training module is for civilian mental health providers who want to develop a better understanding about how the military works and who comprises the armed forces. It provides an overview of military culture to include basics about its history, organizational structure, core values, branches of the service, mission, and operations, as well as the differences between the active and reserve components. Participants acquire greater competency in working with Service members by learning military culture and terminology, and by discussing how aspects of the military culture impact behaviors and perspectives.

Community Provider Toolkit

This toolkit supports the behavioral health and wellness of Veterans receiving services outside the VA health care system. Resources available in this toolkit include information on screening for military service, handouts and trainings to increase knowledge about military culture and mini-clinics focused on relevant aspects of behavioral health and wellness.

Articles

Enhancing health and independent living for veterans with disabilities by leveraging community-based resources

This article discusses how health care for Veterans with disabilities may be improved by utilizing the VA and Centers for Independent Living (CILs). This is of importance for Montana, as we have four CILs statewide that can be leveraged in Veteran care.

<u>Treating Military Service Members and Veterans in the Private Sector: Information and Resources for Clinicians</u>

This article discusses the importance of identifying individuals who have served in the military in clinical

practice, how to be a veteran advocate, and resources for health care providers.

Taking a Military History

This website offers a list of intake questions when determining military history, including questions regarding suicide risk and common military health risks. Questions may be helpful in guiding treatment.

Traumatic Brain Injury Center of Excellence

TBI Provider Resources

This link has tools related to clinical recommendations for Mild TBI, scales to help assess for TBI, and recommendations for returning to activity following a TBI.

Cognitive Rehabilitation for Service Members and Veterans following Mild to Moderate TBI

This virtual training provides guidance on the clinical recommendation and associated web tool through a collaboration between TBICoE and the Veterans Health Administration Employee Education System, VHA Train. Continuing education units are offered for occupational therapists, speech language pathologists* and psychologists.

Extremity Trauma and Amputation Center of Excellence

Medical Provider Information

This link has resources for medical providers regarding core competencies for amputation rehabilitation, practice guidelines for amputation rehabilitation, training protocols, and screening considerations.

Hearing Center of Excellence

Provider Resources

This link has resources for providers related to the hearing prosthetics ordering system through the VA, hearing evaluation and treatment solutions, and assistive technology treatment solutions.

Vision Center of Excellence

Provider Resources

The VCE provides information, resources and continuing education training on eye injury prevention and responses to concerns specifically tailored to health care professionals. Here you can learn about treatment options for eye injuries and review tips for civilian health care professionals treating military patients.

VII. Rural Health

Rural Health Information Hub

Webinars

The Rural Health Information Hub has a wide variety of webinars that can be helpful for providers, including webinars regarding HIV prevention and treatment, the Rural Community Paramedicine Toolkit, Social Determinants of Health in Rural Communities Toolkit, improving oral health care, addressing COPD, understanding health disparities, and many other topics.

Access to Care for Rural People with Disabilities Toolkit

The intent of this toolkit is to provide rural communities with the information, strategies, resources, and other important materials that could be helpful in implementing a program to improve access to care for people with disabilities.

This toolkit consists of seven modules. Each module contains specific information that communities can use to develop a program to improve access to care for people with disabilities. There are also links within each module to connect to resources and materials that can help in creating your program.

Evidence-Based Toolkits

The Rural Health Information Hub has many evidence-based toolkits that can be adapted to fit the community you serve. There are toolkits addressing the following topics: Rural Community Health, Aging in Place, Care Coordination, COPD, Community Health Workers, Community Paramedicine, Diabetes Prevention and Management, Health Promotion and Disease Prevention, HIV/AIDS Prevention and Treatment, Mental Health, Obesity Prevention, Oral Health, Substance Use Disorders Prevention and Treatment, Services Integration, Telehealth, and many others.

Webinars

The Evolving Role of Rural-Based Providers

Physicians and clinicians who choose to practice in rural areas are faced with unique challenges. The main differences between rural and urban doctors are practice styles, which are shaped by the availability of specialists and resources. In this discussion, we will focus on some of the challenges rural providers face and look at some strategies currently in place to help contribute to improved overall health outcomes of rural communities. We will discuss barriers that are traditionally clinical or medical in nature but also consider health behaviors, health literacy, and social determinants of health, all of which have a significant influence on disease trajectories.

Social Determinants of Health in Rural Populations

Social determinants of health are defined by the World Health Organization as "the conditions in which people are born, grow, live, work, and age." For rural populations, many of these elements are less favorable than within urban areas. Building on work conducted by the Rural and Minority Health Research Center, this presentation reviewed some of the key elements associated with health across rural White and minority populations, such as education, income, and health facility availability.

Meeting Rural Mental Health Needs during the Pandemic

Prior to the global health pandemic, rural communities struggled to gain access to, and utilize, mental health care services. In the midst of the pandemic the needs for mental health services have increased with new barriers to care including heightened demand for providers, fewer providers available, and issues related to broadband access. Recognizing these challenges, the Behavioral Health Bridge and the Mountain Plains Mental Health Technology Transfer Center have both responded by providing free access to resources, training, and best practices to address mental health for persons living in rural communities.

VIII. LGBTIQ+ Health

Center of Excellence: LGBTQ+ Behavioral Health Equity

Webinars

The LGBTQ+ Behavioral Health Equity Center of Excellence has produced many webinars that can be

helpful for providers, including: Sexual Orientation and Behavioral Health, Gender Identity and Behavioral Health, and Understanding Anti-LGBTQ+ Bias.

National Coalition for LGBT Health

LGBT Health Training and Certificate Program

This program is a professional development offering for clinical and allied health care providers and support staff to cultivate new skills and gain critical knowledge to enhance the delivery of quality, culturally competent care to lesbian, gay, bisexual, and transgender consumers. This program will include a comprehensive series of modules on LGBT health education, focusing on care provision, service delivery, and health systems. This web-based educational program covers a variety of LGBT health issues and needs. Topics include sexual orientation and gender identity, cultural competency, health disparities across racial and ethnic communities, and LGBT friendly health systems. After completing a final exam, participants will receive a Certificate of Proficiency in LGBT Health reflecting their completion of this program from The National Coalition for LGBT Health.

Webinars

Webinars regarding policies impacting access to LGBTQ healthcare and the impact of COVID-19 on the LGBTQ community are available at this site.

Articles

No reflection in the mirror: Challenges for disabled lesbians accessing mental health services

This article discusses the difficulties with mental health that people with disabilities who also identify as lesbian may face. There are strategies presented for mental health practitioners to address these challenges when providing care.

The experiences and support needs of people with intellectual disabilities who identify as LGBT: A review of the literature

This article provides information on the needs of LGBT people who have an intellectual disability. The findings are important for "future research, practice, educational and policy initiatives and provides useful recommendations around socially inclusive practice" (p. 40).

Women's Health

The Imperative for Transgender and Gender Nonbinary Inclusion

This article describes barriers to sexual and reproductive health care and research participation unique to people of marginalized gender identities, provide examples of harm resulting from these barriers, and offer concrete suggestions for creating inclusive, accurate, and respectful care and research environments—which will lead to higher quality health care and science for people of all genders.

Expanding Women's Health Practitioners and Researchers' Understanding of Transgender/Nonbinary Health Issues

This article discusses the importance of understanding transgender and nonbinary health issues and provides recommendations to enhance culturally-responsive care.

Center of Excellence for Transgender Health

Online Learning

There are several online learning opportunities including trainings related to improving services for trans communities, creating a welcoming clinic environment for trans people, and trauma-informed care in trans health research.

Manuals and Guides

There are several helpful manuals for providers. Topics include: interventions for engaging transgender women of color in quality HIV care, best practices for serving trans and gender non-binary people, and clinical care recommendations from the UCSF Transgender Care program.

IX. Migrant Worker Health

Migrant Clinicians Network

<u>Issues in Migrant Health</u>

This page explores various health issues migrant workers may face, including behavioral health, cancer, diabetes, eye care, HIV/AIDS, immunizations, oral health, and women's health. Each topic is discussed in depth, and various topics include resources, current best practices, and clinician recommendations.

Webinar: How Frontline Providers Make a Difference in the Protection of Migrant Workers

This session will use case studies to overview health risks facing migrants as a result of their working conditions and environment. It will review the long history of regulatory exclusions and its impact on migrant health. It will also highlight promising practices for the incorporation of environmental and occupation health in the practice settings, showcasing successful initiatives employed in Community and Migrant Health Centers. Lastly, this session will review and show participants how to access clinical and patient education resources and tools to address worker health. Overall, participants will become familiar with the importance of and methods to integrate environmental and occupational health into the practices settings from both a clinical and social justice perspective.

Environmental and Occupational Health Screening Questions for Primary Care

Three concise and effective environmental/occupational health screening questions for the primary care provider. Available in English and Spanish.

An EHR-friendly version of these screening questions was developed through MCN's Workers & Health Program. This can be used as a reference for integration into the health center's Electronic Health Record.

Clinician Orientation to Migration Health

Migrant Clinicians Network has designed this Clinician Orientation for new as well as seasoned clinicians who are interested in understanding more about the migrant population. The orientation is divided into a series of seven webinars which cover a wide breadth of knowledge and skills to help clinicians provide quality care to one of the most difficult to reach populations in the United States.

Farmerworker Health Network

2020 Key Resources for Agricultural Worker Health

This document has links to many resources related to migrant worker health, including the National Culturally and Linguistically Appropriate Services Standards, the Community Health Worker Clinical Integration Toolkit, and information about Continuity of Care for Mobile Patients.

National Center for Farmworker Health

Webinars

The NCFH has produced many webinars addressing the healthcare of farmworkers. Webinar topics include: building COVID-19 vaccine confidence in agricultural communities, outreach strategies to increase access to care for agricultural workers, implementing culturally and linguistically appropriate services at your health center, and mental health concerns in agricultural communities.

Health Center Toolbox

This tool box offers downloadable samples of policies, procedures, forms, and other supportive documents that can be adapted to meet health centers needs related to the some requirements of the of the Community Health Center Program. It provides information regarding how to implement culturally and linguistically appropriate services and conducting needs assessments.

X. Communication

ADA.GOV

Effective Communication

This resource provides an overview on effective communication with people who have vision, hearing, or speech disabilities. The resource describes the following accommodations and recommendations: auxiliary aids and services, effective communication provisions, companions, use of accompanying adults or children as interpreters, and who should decide which aid or service is needed.

US Department of Justice: ADA Requirements: Effective Communication

ADA NATIONAL NETWORK

Effective Communication (2012)

This resource provides information on the following ways to improve and promote accessible communication: auxiliary aids and services, sign language interpreters, and telecommunications.

ADA National Network: Effective Communication

Removing Barriers – Tips and Strategies to Promote Accessible Communication (2002)

Four chapters on disability awareness: communication aids and alternative formats, creating inclusive materials, media relations to provide information, and improvement for accessible communication.

Removing Barriers: Tips and Strategies to Promote Accessible Communication

OFFICE OF MINORITY HEALTH

U.S. Department of Health and Human Services Office of Minority Health

Cultural Competency Information

This resource describes what cultural and linguistic competence is, the importance of this competency, and provides a glossary of terms.

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

HHS.gov: Civil Rights

Communicating with People Who are Deaf or Hard of Hearing in Hospital Settings

This resource is for small businesses and includes general nondiscrimination requirements, more accessibility options for the environment, describes situations where an interpreter may be needed, and ADA resources.

GIVING GREETINGS

Giving Greetings: Sav it with Symbols

COVID-19 Symptom Visual Checklist

A symbol board describing possible COVID-19 symptoms.

Widgit Health

COVID-19 Communication Chart

This symbol board was created to help medical staff to communicate quickly and easily with patients who are critically ill due to COVID-19. The board comes with instructions and comes in 47 languages.

Medical Encounters Communication Board

Medical encounters are fraught with communication pitfalls, and, for patients who have temporarily lost the ability to speak, or speak a foreign language, or have a pre-existing condition limiting their communication capabilities, these pitfalls can be multiplied many times. Such patients need to have communication supports at the ready if and when they are not provided with adequate supports during medical encounters. These materials cover general questions and questions for the doctor.

Other Communication Boards

The following Wigit Health communication boards can be found at this link for free: Accident and Emergency Communication, My Health Passport, My Medication Review, Bedside Messages, Having a Tracheostomy, My Dental Xray, My Visit to the Dentist, Diabetes Symbol Cards, Paramedic and EMS Symbol Board, Police Symbol Board, School Nurse Board, and My Eye Test.

XI. Emergency Preparedness

ADA.GOV

An ADA Guide for Local Governments

This document provides a series of steps as a guide to helping people prepare for and respond to emergencies in a hospital setting.

<u>Making Community Emergency Preparedness and Response Programs Accessible to People</u> with Disabilities

Making Community Emergency Preparedness and Response Programs Accessible to People with Disabilities (PDF)

DISABILITY.GOV

Making Community Emergency Preparedness and Response Programs Accessible to People with Disabilities

This document provides an ADA guide for local governments regarding ensuring that emergency preparedness and response programs are accessible to people with disabilities.

XII. Health Reports

NATIONAL COUNCIL ON DISABILITY

The Current State of Health Care for People with Disabilities

This report identifies a broad range of recommendations for improving the health care experience for people with disabilities and discuses some of the most significant obstacles to health, health care, and disease prevention and health promotion for people with disabilities.

NCD: The Current State of Health Care for People with Disabilities

AMERICAN ASSOCIATION ON HEALTH AND DISABILITY (AAHD)

AAHD Launches ACA National Disability Navigator Resource Collaborative

The project will develop disability-content materials, including a technical assistance guide; a dedicated website with URL that will include all materials as well as state-specific information, resources, and experiences; provide on-going TA to navigators via typical TA methods (e.g. webinars, topic-specific fact sheets, short issue briefs, newsletters, list serves); and will discuss the feasibility of providing "hands-on" technical assistance to navigators and/or their host organizations.

AAHD Launches ACA National Disability Navigator Resource Collaborative

Disabilities and Health Data

In this podcast, Dr. Shannon Griffin-Blake, CDC's Disability and Health Branch Chief, is interviewed by the National Association for Chronic Disease Directors (NACDD) regarding the new Disability Health Data System and current programming work in disabilities inclusion with NACDD and beyond.

Disabilities and Health Data

Increasing Physical Activity among Adults with Disabilities: Doctors Can Play a Key Role

In this podcast, Dr. Dianna Carroll, a senior health scientist with CDC's Division of Human Development

and Disability, talks about the role of doctors and other health professionals in increasing physical activity among adults with disabilities.

Increasing Physical Activity among Adults with Disabilities: Doctors Can Play a Key Role

XIII. Contact Information

MONTANA DISABILITY AND HEALTH PROGRAM:

Meg Ann Traci, Ph.D.

Research Associate Professor, Project Director
The Montana Disability and Health Program
The University of Montana Rural Institute on Disabilities
52 Corbin Hall
Missoula, MT 59812-7056
(888) 268-2743 Toll-free, RTC Main Office
(406) 243-4956 Meg's Office
(406) 243-2349 Fax

http://mtdh.ruralinstitute.umt.edu/e-mail: Meg.Traci@mso.umt.edu

Emily Hicks, MS

Graduate Student Assistant
The Montana Disability and Health Program
Doctoral student in Clinical Psychology
The University of Montana Rural Institute on Disabilities
52 Corbin Hall
Missoula, MT 59812
Work: 406.243.2966

e-mail: <u>helen.russette@mso.umt.edu</u>

MONTANA INDEPENDENT LIVING CENTERS

Living Independently for Today and Tomorrow (LIFTT)

Carlos Ramalho, Executive Director 1201 Grand Ave Ste 1 Billings, Montana 59101 (406) 259-5181 voice (406) 245-1225 TTY (406) 259-5259 fax (800) 669-6319 toll free carlosr@liftt.org Website: www.liftt.org

Montana Independent Living Project (MILP)

Scott Birkenbuel, Acting CEO 825 Great Northern Blvd, Ste 105 Helena, Montana 59601 (406) 442-5755 (Voice/TTY) (406) 442-1612 (Fax)

(800)735-6457 (Toll-free consumer line)

sbirkenbuel@milp.us

Website: MILP (www.milp.us)

North Central Independent Living Services (NCILS)

Tom Osborn, Executive Director 1120 25th Ave NE Black Eagle, Montana 59414 (406) 452-9834 (Voice/TTY) (406) 453-3940 (Fax) (800) 823-6245 (Toll-free consumer line)_ncils.osborn@bresnan.net Website: NCILS (ncils.org)

Summit Independent Living Center (Summit)

Mike Mayer, Executive Director
700 SW Higgins Ste 101
Missoula, Montana 59803
(406) 728-1630 (Voice/TTY)
(406) 829-3309 (Fax)
(800) 398-9002 (Toll-free consumer line) mmayer@summitilc.org
Website: Summit ILC (www.summitilc.org)

For additional information please contact: Meg Ann Traci, Ph.D.

Montana Disability and Health Program
The University of Montana Rural Institute
52 Corbin Hall, Missoula, MT 59812-7056
888-268-2743 or 406-243-4956; 406-243-4200 (TTY); 406-243-2349 (Fax)
meg.traci@mso.umt.edu; Montana Disability and Health Program; RTC: Rural

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