# **ACHIEVING HEALTH EQUITY**

# with inclusive interdisciplinary walk/move audits







Friday July 24, 2020 from 12-1:30 pm EST

# Sponsors







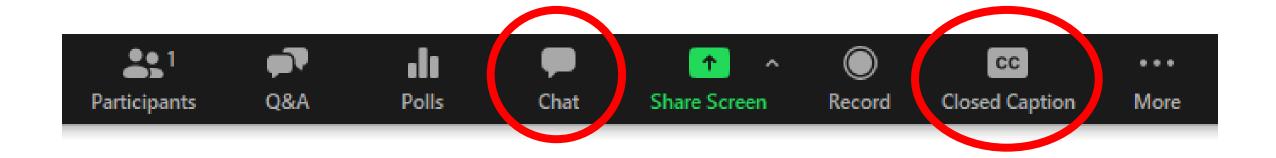


# Dedication to Chris Kochtitzky

- Chris lived and breathed urban planning, public health, social justice and inclusion—it was his life.
- He was a generous, caring friend and a tenacious public health professional pursuing his life and work with vigor, charm, wisdom, and intelligence.
- Chris Kochtitzky Memorial Fund
  - <a href="https://give.cdcfoundation.org/give/285616/#!/donation/checkout">https://give.cdcfoundation.org/give/285616/#!/donation/checkout</a> [give.cdcfoundation.org]
  - This fund will focus on building the bridge between urban planning and public health.

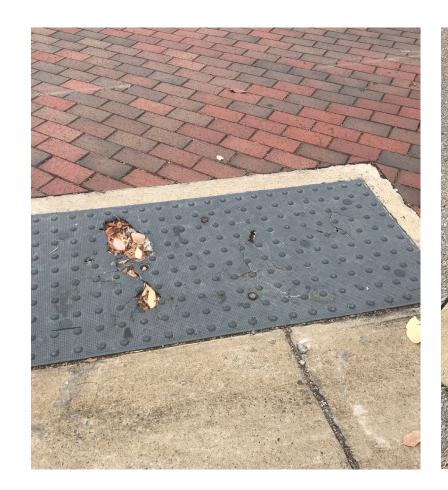
## Attendee Information

- Chat box capabilities, tool bar
- 15 minutes of Q&A at the end
- Live captioning available

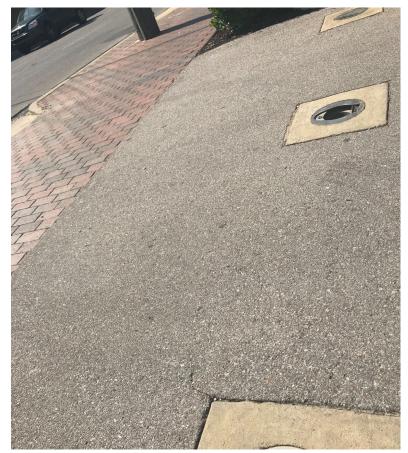




- APHA is virtual: October 24-28, 2020
- If inclined, send any resources and examples of best practices to share with APHA on making virtual meetings and conventions accessible and inclusive.
- APHA 2020 Registration will open on July 7.







Karin Korb's photos of barriers to walking or rolling

# Inclusive Interdisciplinary Walk/Move Audit fundamentals (I2Audits)

- Determine goals: outreach, education, inspiration, practical planning, policy?
- 2. Qualitative (experience, how "inviting") vs. quantitative (objective, checklists)
- 3. Target audience(s).
- Select a route; pre-scout.
- Seek teachable moments.
- Plan to capture feedback.
- 7. Shared discovery & solutions!



## 4 elements encourage active transportation . . .













#### Consider all three scales:

Macro scale: Varied destinations nearby?



Meso scale: A quality connected network of facilities.





Micro scale: Accessible, functional, & inviting, details of design.

### Logistics . . .

- Target 1.0-1.5 miles, for a one hour walk;
   adjust for conditions, abilities, goals.
- Invitation list: Who can make a difference?
- Typical two-hour agenda:
- Intros & discussion (15-30 mins.)
- Facilitated walk audit (60 mins.)
- Discuss solutions (30-45 mins.)





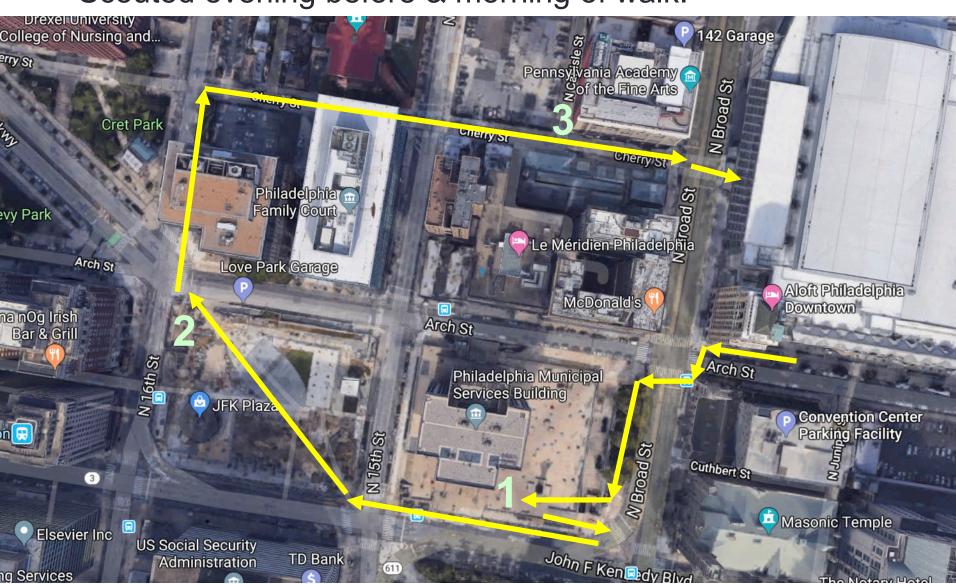
#### Possible audit invitees?

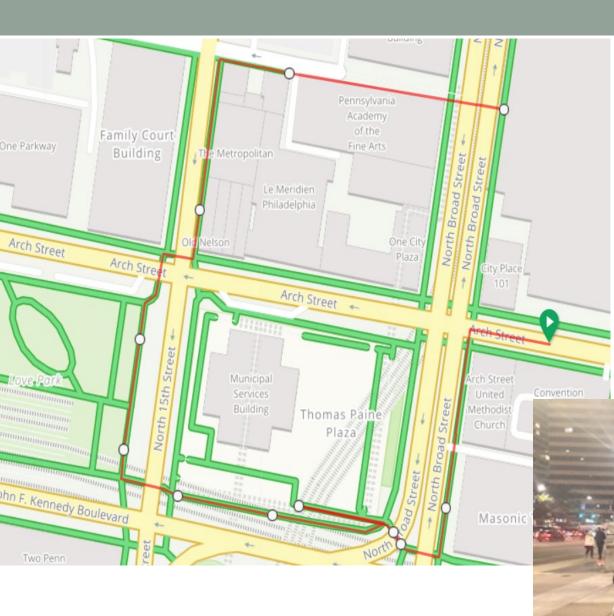
- 1. Public health officials, educators, advocates.
- 2. Planners, planning commissioners.
- 3. Transportation staff, public works, engineers.
- 4. Elected councilors & commissioners.
- 5. School administrators, teachers, parents.
- 6. Housing authority & public transit agency.
- 7. Park & recreation, trail, open space advocates.
- 8. Large employers; health insurance.
- 9. Chamber of commerce; economic development.
- 10. Private developers, realtor, lender.
- 11. Community groups, social service orgs.
- 12. Independent living groups, places of worship.

Invitation tip: Don't ask how they can help you. Ask how you can help them meet common goals.

## APHA Philadelphia I2Audit

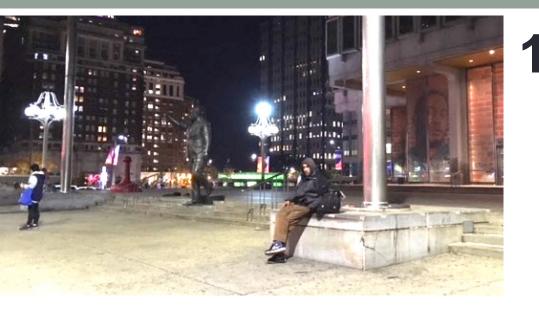
Scouted evening before & morning of walk.





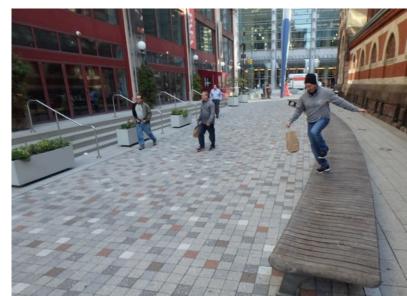
#### **Stops Include:**

- Municipal Services
   Building/Crossing
   Broad and JFK
- 2. Love Park
- 3. Lenfest Plaza









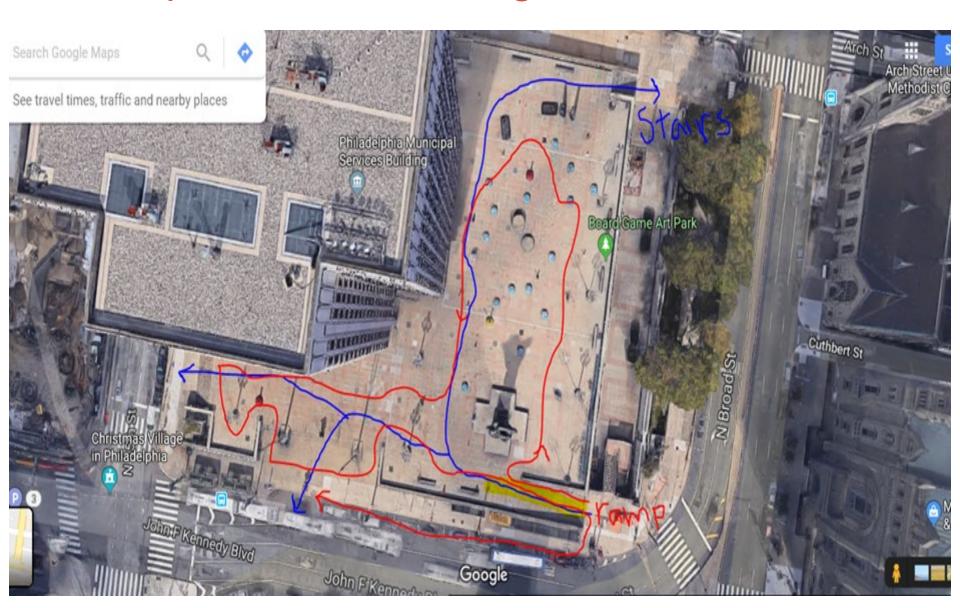
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# **Discussion Stops**





## Municipal Services Building/Thomas Paine Plaza



## **Statue Removal**





## Insights from our audit.

- Observing how space is being used (or not) by others is as important as how you use the space.
- Thomas Paine plaza only one accessible route, and other embedded challenges.
- Who scouts & facilitates matters a lot.
- Shared discovery & solutions!





# Follow up resources

- Archived materials:
  - Fully captioned webinar
  - Transcript included
  - Contact info for all the speakers
  - A list of resources for further learning and research
  - Q&A for questions not answered in real time
- Posted soon on the Montana Disability and Health Program website.
   The web address will be sent out to registrants.





Americans with Disabilities Act

Celebrate the ADA! July 26, 2020

### Contact Us

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\*Full list of contacts will be available with the archived materials

Thank you for joining us today!!